

AMERICAN PSYCHOSOMATIC SOCIETY

Dedicated to the Integration of Biological, Psychological and Social Factors in Medicine

VOL. 11, NO. 3

NEWSLETTER FOR APS MEMBERS

Fall 2000

President's Letter



Dr. Jean Endicott

The APS Council Meeting was held October 14-15 and, as always, the agenda was full of issues of importance to the future of the Society and its members. I will only touch on a couple of these issues here since many have been or will be covered in reports from others. It was apparent from Committee Reports which we received in advance, as well as the discussions at the meeting, that many people have been doing a lot of work on one or more of the various APS programs or committees. The APS programs were listed in the survey that was sent to the members earlier this year. The responses to that survey indicated strong support for the ongoing activities of the Society. In addition, a number of useful suggestions were made and will be considered by the relevant committees or working groups. A major topic on the agenda was our need to find funding sources other than the membership fees, annual meeting and program, or the journal. We have had some success this year, but need to do more and to find some multi-year resources. Various potential resources were discussed and we decided that each member of the Executive Committee and each member of Council should try to find at least one source of new income for the Society. We also hope that members of the Society will contact the Chair of the Fundraising Committee, Richard Lane, MD, PhD, if they have suggestions regarding fundraising or if they are personally willing to give funds for one or more of the special APS activities. Considerable time was also spent discussing the recruitment of new members. As noted in

my letter which accompanied the dues statement and the Membership Directory, we urge each member to make active efforts to recruit new members. We hope to maintain our MD to PhD balance in these times of increasing pressure on young MDs to spend their time on clinical care rather than research. We also hope to attract young investigators, particularly those working in some of the newer areas which are very relevant to the Society's goals. I will only mention a couple of additional issues which were on the agenda. First, Dr. Lovallo and the Program Committee members are putting together an excellent program for our Annual Meeting in the Spring. Plan to attend the meeting in Monterey, California. Second, we need applications from members who would like to become the Editor of *Psychosomatic Medicine*. Applications must be received by January 5, 2001 (see notice on page 5.) Third, nominate someone for the Early Career Award. Even to be nominated is an honor and is appreciated by young investigators. Finally, consider contacting one of the Committee Chairs and volunteering to serve. The Society benefits from the fresh ideas of new committee members and committee members usually find it an enjoyable experience to exchange ideas and work with their fellow members. I know I have enjoyed the opportunity and hope to continue when my "presidential year" comes to an end.

Former NEJM and JAMA Editors to Debate

**Jerome Markovitz, MD, MPH
Division of Preventive Medicine
University of Alabama at Birmingham**

The 2001 American Psychosomatic Society Meeting in Monterey will feature a debate that promises to bring out the strengths and weaknesses in current psychosomatic approaches to intervention. We are pleased to

announce that the debate will include some of the most prominent members of the medical community. The topic for this year is "Resolved: Psychosocial interventions can improve clinical outcomes in organic disease." Arguing for the resolution will be two esteemed members of our society, Redford Williams and Neil Schneiderman. Arguing against the resolution will be two former editors of the *New England Journal of Medicine*, Arnold Relman and Marcia Angell. Finally, the discussant will be the former editor of the *Journal of the American Medical Association*, George Lundberg.

We are extremely fortunate to have Drs. Relman, Angell, and Lundberg in our debate. Dr. Relman presided over NEJM from 1990-1991, and has recently participated in a debate with Andrew Weil regarding the usefulness of Alternative Medicine (published in the *Archives of Internal Medicine*). Dr. Angell was editor of NEJM from 1999-2000, and was the author of a rather controversial editorial in 1985 that decreed, "...it is time to acknowledge that our belief in disease as a reflection of mental state is largely folklore." Dr. Lundberg, as editor of JAMA from 1982-1999, brought the journal into a prominent position that rivaled NEJM; many studies that challenged the premise of Dr. Angell's editorials were published under his watch. Given the prominence of these participants, you may wonder how this event came about, and how we managed to get these individuals to come. The original idea for this "dream debate" was cooked up by Greg Miller and myself, and after some persistence, we were able to get Drs. Relman and Angell; the idea of Dr. Lundberg as discussant followed. As I have said before, I'd like to say that our success was due to our persuasive efforts, but actually my feeling is that the location of the conference was far more important! Ultimately, the process was as rewarding as writing and getting a major grant, with far less effort. We are also grateful, of course, that Drs. Williams and Schneiderman are willing to participate; we

(Continued on page 2)

American Psychosomatic Society

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2000-2001

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From the Editor

Susan Everson, MPH, PhD, University
of Michigan, School of Public Health,
Ann Arbor, MI

Dear APS Members,

~ Season's Greetings ~

Hard to believe that "Y2K" is coming to a close. (And for the purists among us: Happy New Millennium!!) It has been yet another busy and productive year for APS. We are pleased to bring you this third issue of the 2000 newsletter, which brings you up to speed on our organization and highlights some of the activities of our many committees. As noted by Paul Mills and Francois Lesperance, Co-Chairs of the Membership Committee, our society has grown significantly over the past decade, with membership at nearly 900 and counting. This is an exciting time for the Society and I encourage our many new members to get involved and be active within the Society. Even if you are not able to serve on a committee, we always welcome ideas about ways we can enhance your professional lives and support your scientific endeavors.

I draw your attention to the report by the Chair of the International Committee, Ad Vingerhoets. Our international members bring highly valued perspectives to APS and I second Ad's enthusiasm for encouraging active participation of international members in APS. Also, as Ad notes, the new format of the International Committee is to include an international member on each of the other APS committees, which I believe is a great way to encourage participation and facilitate important interactions among our members. Please encourage your international colleagues to consider including APS as part of their professional "home."

We also have another thoughtful contribution by Jessie Gruman in this issue of the newsletter. She describes research addressing the health effects of poverty and the widening income gap that is seen in the U.S. as well as other countries. I agree with her that the work of many of our members has and will continue to make important contributions to our understanding of the effects of social and economic factors on health and well-being. This information is critical to designing and implementing effective interventions and policies that will improve the public's health.

As noted by Jean Endicott in the President's Letter, APS is searching for a new editor for our journal, *Psychosomatic Medicine*. I think we all agree that we owe Joel Dimsdale a debt of gratitude for his excellent leadership during his tenure as journal editor. Our journal has been consistently ranked in the top 5 in terms of the "impact factor" among psychology journals and in the top 10 among psychiatry journals and the quality of our journal reflects Joel's leadership. Thank you Joel. If any of you is interested in serving as editor of *Psychosomatic Medicine*, please submit your application by January 5, 2001 (see the notice on page 5). Joel is a tough act to follow, but I am confident that the person who is chosen to follow in Joel's footsteps will serve the Society well.

The Program Committee, under the leadership of Bill Lovallo, has been working hard to bring you an exciting annual meeting. As highlighted on the first page of this newsletter, we have an intriguing debate in store for attendees this year. Jerry Markovitz and Greg Miller were able to induce Marcia Angell and Arnold Relman to debate with Neil Schneiderman and Redford Williams on the value of psychosocial interventions for clinical outcomes. It promises to be a lively debate with this cast of characters and George Lundberg acting as discussant. And *in spite* of the lure of Monterey in March, this definitely would not have come to fruition without the strong efforts of Jerry & Greg so we do have them to thank. The meeting also will feature several symposia and award presentations & talks, paper and poster sessions, Grand Rounds presentations on chronic pain and vascular depression, and our Disease of the Year. Be sure to register (online at <http://www.psychosomatic.org> is easiest) by February 1, 2001 if you wish to take advantage of the discounted registration fee. Also, please note that the annual meeting will be held at the Embassy Suites Hotel and Conference Center on Monterey Bay; room rates are \$149 for a single or double and reservations should be made by February 5. Call the Monterey Embassy Suites directly at 831-393-1115 or the Embassy Suites Central Reservations toll-free number (800-362-2779) to make your reservations. See you in Monterey.

Happy Holidays ~
- Sue

(Continued from page 1)

know that they will represent our society well. I might point out that the debate itself falls on the Jewish holiday of Purim. The reading of the story of Purim in the synagogue is a rather rowdy affair, with loud noise-making when the villain of the story is mentioned. Consumption of alcohol is encouraged, with some circles holding to the idea of getting so inebriated that you cannot tell the difference between the names of the villain and the hero of the story. (Dr. Bill Lovallo, chairman of the Program Committee for this year's meeting, points out that these proceedings bear a resemblance to certain Italian customs derived from the Romans.) With that in mind, I'd like to say that the tone for the debate will not be like Purim, and we expect to have a civilized, scientific, and constructive debate. We look forward to seeing you there!

Committee News

Awards Committee

Chair - Paul J Mills

Nominations for the Early Career Award for Contributions to Psychosomatic Medicine will be due December 31st of this year. This award is intended to identify individuals who, early in their career, have contributed significantly to the field of psychosomatic medicine and show substantial promise of continued meritorious academic accomplishments in the field of psychosomatic medicine. The nominees must be fewer than ten years past their final academic degree and must be an APS member. The award consists of \$1,000, a plaque signifying the award, and the opportunity to present the research for which the award was given during the annual meeting of the Society. Nominations must include a 500-1000 word justification for the nomination, an updated curriculum vitae, and reprints of 2-6 publications of the work for which the nomination is being made. Any person may self-nominate or nominate another individual. Please see page 5 of this newsletter for more information.

International Committee

Chair, Ad Vingerhoets

To the APS international members:

Some weeks ago, the APS council discussed its plans for the future. I was impressed by the rich variety of exciting new initiatives that were proposed. Attending this session was a real eye-opener for me and I came to realize that many international members are probably not aware of all opportunities that APS offers its members. Of course, there is a big geographical and cultural gap between the USA and Europe and Asia, but it will be clear for everyone that the rapidly developing and increasing technological possibilities can bring people together and make one feel more connected to the whole world. In addition, the new structure of the international committee, which will consist of international members participating in other committees, also will facilitate the interaction between US and international members. APS not only offers opportunities for downloading interesting slides and on-line discussions with authors of interesting articles, there are also visiting scholarships available

and there is an active policy to support young MDs doing clinical research and to stimulate students interested in psychosomatic medicine. Probably more than many other societies, APS offers value for money. If you are just a member, receiving Psychosomatic Medicine and attending the Annual Meeting, you do yourself short. I therefore would incite everyone to get more out of the society and to become an active member. We want to have international members participating in the different committees, so that our international voice is heard loud and clearly. If you have any good, new ideas how to increase the (international) membership, how to use internet for the mission of the APS, how to stimulate international collaboration, for education in psychosomatic medicine, or for the stimulation of researchers and clinicians etc., we would be happy if you would join the appropriate committee and in that role also become a member of the international committee. International members who want to play a more active role in the APS, please approach me via e-mail and let me know what your specific interests are.

Membership Committee

Co-Chairs - François Lesperance and Paul J Mills

Over the last 10 years the Society's membership has steadily increased in both regular and associate membership categories. Regular membership has increased from 554 in 1990 to 649 in 2000, up 22%. The associate membership, for individuals enrolled in medical, graduate or undergraduate school, or in residencies or fellowships, saw the largest increase, from 35 in 1990 to 116 in 2000, up 70%. Emeritus (N=114) and corresponding (N=6) memberships bring the total year 2000 membership to 885. Approximately half of the membership holds an M.D. or dual M.D., Ph.D. degrees, 39% hold a Ph.D. degree, with the remaining members holding other graduate degrees, including M.S.N., M.Sc., M.A., Sc.D., D.M.D., D.O. or Psy.D. degrees.

The issue of the relative decline of MDs in our society (an approximate 12% decline over the last 5 years) has been a focus of the Membership Committee, including the Committee's luncheon at the Society's annual meeting, as well as the topic of conference calls. Many of us feel that one unique aspect and strength of the APS is the rich

blend of Ph.D. and M.D. scientists sharing and discussing research questions. Since we are working in a field that is multidimensional and multidisciplinary by definition, we need to protect this characteristic of our Society. However, this is a very challenging task. M.D. scientists are an endangered species and every effort should be made to integrate into the Society those working in behavioral medicine. In order to do so, we have to also welcome M.D. scientists interested in teaching psychosomatic medicine and in providing the best evidence-based clinical interventions. The Membership Committee thinks that the program of the Annual Meeting should gradually meet more of the expectations of members interested in improving their clinical practices and teaching skills in order to further facilitate the integration of biological, psychological and social factors in medicine. To help accomplish these goals, the chairs of the membership committee have been on the program committee. Also, we welcome any comments or suggestions from the membership regarding this topic.

Open Committees - Chairs

Get involved in one of the following APS Committees by contacting the Chair.

Professional Education

Dennis Novack, MD
Medical College of Pennsylvania
Email: dn22@drexel.edu

Membership

Francois Lesperance, MD
Montreal Heart Institute
Email: Lesperf@icm.umontreal.ca

Paul J. Mills, PhD
UCSD Medical Center
Email: pmills@ucsd.edu

Liaison

Neil Schneiderman, PhD
University of Miami
Email: nschneid@umiami.ir.miami.edu

Web Page

Steven Locke, MD
Harvard Pilgrim Health Care
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International

Ad Vingerhoets, PhD
Tilburg University
Email: Vingerhoets@kub.nl

Casualties on the Class Warfare Battles

Jessie C. Gruman, PhD
Center for the Advancement of Health

“Class warfare” was a term used frequently in the recent presidential campaign by both sides. Too often, it was most used by those who have more when those who have less were complaining. But let us take note that the issue is more than clever rhetoric. There is something about class that actually kills.

A recent RAND study published in the *Journal of the American Medical Association* found that even relatively well-insured Medicare recipients do not always get necessary care because of structural barriers to access. Previous research has found that socioeconomic status is one of the strongest predictors of health and longevity.

The public policy implications of this research loom larger with the growing disparity between rich and poor. Every policy debate over how Americans are taxed, educated and employed also affects their health. This is why we, at the Center for the Advancement of Health, with support from the W.K. Kellogg Foundation, will be launching a program to train minority scholars to examine the causes of and policy solutions for health disparities.

The income gap is widening. From 1979 to 1998, family income for the top 20 percent of American households increased 38 percent, and for the bottom 20 percent it decreased 5 percent. In 1973, the top 20 percent of families earned 7.5 times that of the bottom 20 percent; by 1996 the disparity was 13 times as much.

Poverty and near-poverty create special health risks. In a 1997 study, older people who reported being “disadvantaged” (at or below 200 percent of the poverty line) on three occasions had a three- to- four times greater risk of physical dysfunction than those who reported never living below the “disadvantaged” threshold.

At each step down the employment and social scale from rich to poor, health outcomes worsen. The clearest demonstration of that came in two studies of British government office workers. The first, started in 1967,

established the link between job status and mortality from a wide range of diseases. Michael G. Marmot, who heads the Department of Epidemiology at London Medical School, wrote later:

“In this relatively homogeneous population . . . each group had a higher mortality rate than the group one step higher in the hierarchy. The difference in mortality was three-fold between the highest and lowest positions in the hierarchy. The question is not why people at the bottom have worse health, but why social differences in health are spread across the whole of society.”

In the 1980s, Marmot and his colleagues examined links between job status and symptoms of poor health in another 10,314 British civil servants. They found: fewer of those in lower status jobs said they had control over their working lives or were satisfied with their situations; those with lower status jobs had less social support than those above them on the employment ladder, lower status jobholders were likely to report two or more of eight potentially stressful life events in the previous year and the risk factor that differed most among employment grades was smoking; men in the lowest grades were about four times more likely to be smokers than those in the highest.

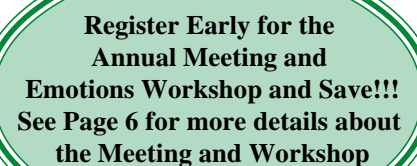
While the effects of structural barriers on health are fairly clear, the means by which indirect effects of social and economic status influence health outcomes are considerably less so. The work of members of the American Psychosomatic Society will contribute to a deeper understanding of disease and will improve our ability to implement interventions and policies that will improve the health of the nation.

Dr. Gruman is a health psychologist and executive director of the Washington-based Center for the Advancement of Health, a nonprofit, nonpartisan organization promoting research on behavioral change and health. (www.cfah.org).

Professional Development

We are very pleased to offer a Career Development Workshop at the upcoming annual meeting. The workshop will be conducted by Anne Berry, President of *Daybreak*, a leadership development and performance improvement company, and will be held on Wednesday, March 7 from 1.30 to 5.00 p.m. This workshop will be geared toward advanced graduate students (those nearing completion of their final degree), post-doctoral fellows, and persons in the early stages of their careers. Participation is limited to 40 (register early!) and the registration fee is \$10.00. This workshop, entitled “Win/Win Outcomes – Personally and Professionally,” will focus on negotiating strategies and styles, goal setting & priorities, and enhancing personal and professional productivity, all of which contribute to effective leadership skills.

In addition to leading *Daybreak*, Ms. Berry has presented multiple workshops as a certified Zenger-Miller (AchieveGlobal) instructor, and has served as a consultant with Paradigm Learning, an internationally renowned discovery learning company, where she worked with a wide range of clients, including Nintendo of America, John Deere, Inc., Adobe, Kmart and Etec (an Applied Applications subsidiary). Ms. Berry has volunteered many hours with the American Association of University Women (AAUW), having served most recently as the AAUW-California Co-Program Vice President. She is currently a member of the AAUW-CA Leadership Development Committee for which she is responsible for the development of non-member leadership training.



**Register Early for the
Annual Meeting and
Emotions Workshop and Save!!!
See Page 6 for more details about
the Meeting and Workshop**

Welcome...New Members!

Simon Bacon, MSc
Birmingham, England

Janice A. Blalock, PhD
Houston, TX

Adriane I. Budavari, MD
Scottsdale, AZ

Heather Burke, MS
Tempe, AZ

Jean-Guido Gehricke, PhD
Irvine, CA

Jeffrey Greeson, BA
Philadelphia, PA

Matthew Heeren, PhD
San Diego, CA

Sarah Knox, PhD
Bethesda, MD

Maria Kopp, MD, DSc
Budapest, Hungary

Sabine Ruth Kunz, Psy Dipl.
London, England

Karen Lesniak, PhD
Jackson, MS

Karl Looper, MD
Montreal, Quebec, Canada

Scott C. Matthews, MD
San Diego, CA

Satbyul Park, MD
Suwon, Korea

Diane Reibel, PhD
Philadelphia, PA

Shannon Robinson, MD
San Diego, CA

Kristen Salomon, PhD
Pittsburgh, PA

Michael Sharpe, MD
Edinburgh, Scotland

Melissa VanderKaay
Athens, OH

Louis T. Van Zyl, MD
Kingston, Ontario, Canada

Sheila Wang, PhD
West Haven, CT

Georg Wiedemann, MD
Tuebingen, Germany

CALL FOR APPLICATIONS

Editor, Psychosomatic Medicine

The Editor Search Committee of the American Psychosomatic Society announces its call for applications for the post of Editor of Psychosomatic Medicine, the official scientific publication of the Society. The editor will hold a five year term beginning March 2002, renewable for a second five year term with the concurrence of the Council of the Society by two thirds vote. The Editor, who serves as an ex-officio member of the Council, is responsible for selecting members of an Editorial Board who represent a full variety of the relevant disciplines and, upon appointment, will have the right to constitute a new Board.

To apply, please provide the Committee with a brief letter of application, your curriculum vitae that includes details of prior editorial experience, a statement from your chairperson indicating a commitment of release time for this work and of adequate space for the journal operations, and a statement of your conception of the journal that indicates the types of articles you would like to see published and the kinds of innovations you would want to introduce.

Applicants must be members of the Society.

Applications must be received by January 5, 2001.

For further information and to apply, contact:

Donald Oken, M.D.
Department of Psychiatry, Pennsylvania Hospital
800 Spruce Street
Philadelphia PA, 19107-6192
215-829-5288

Editor Search Committee

Donald Oken, M.D., Chair

Thomas N. Wise, M.D.

Douglas A. Drossman, M.D.

Joel E. Dimsdale, M.D., Consultant

David S. Krantz, Ph.D.

Jean Endicott, Ph.D., Consultant

Karen A. Matthews, Ph.D.

George K. Degnon, CAE, Consultant

American Psychosomatic Society Call for Nominations Early Career Award

The Council of the American Psychosomatic Society announces the call for nominations for the Early Career Award for Contributions to Psychosomatic Medicine. The Award consists of \$1,000, a plaque signifying the award and the opportunity to briefly present the research, for which the award was given, during the annual meeting of the society. Please see page 3 of this Newsletter, under Awards Committee for more information. To apply for this award, please contact:

American Psychosomatic Society
Award Committee
6728 Old McLean Village Drive
McLean, Virginia 22101-3906
(703)556-9222
email: info@psychosomatic.org

Don't Miss the
Debate of the Year!!!

American Psychosomatic Society
59th Annual Scientific Meeting
March 7-10, 2001
Monterey, California

"Resolved: Psychosocial Interventions Can Improve Clinical Outcomes in Organic Diseases"

Former New England Journal of Medicine Editors:

Drs. Marcia Angell & Arnold Relman


- versus -

Drs. Neil Schneiderman and Redford Williams

Former Journal of the American Medical Association Editor:

Discussant: Dr. George Lundberg

Chair: Dr. Jerry Markovitz

 Disease of the Year: Autoimmune Conditions

Presenters: [Esther M. Sternberg, MD](#), Director, Integrative Neural-Immune Program, National Institute of Mental Health and [Kurt Ackerman, MD](#), [David Mohr, PhD](#), and [Carolyn Schwartz, ScD](#)

 Grand Rounds: Chronic Pain

Presenters: [Francis Keefe, PhD](#) & [Mark Lumley, PhD](#)
Vascular Depression

Presenters: [David Sultzer, MD](#) & [Stephen T. Chen, MD](#)

 The American Psychosomatic Society President's Award Winner:
[Bruce S. McEwen, PhD](#)

 Patricia R. Barchas Award Winner: [Charlie Nemeroff, MD](#)

A Master Workshop: Neurobiology of Emotion in Psychosomatic Medicine

March 6 - 7, 2001 ~ Embassy Suites Hotel, Monterey, California

In conjunction with the March 7-10, 2001 Annual Meeting of the American Psychosomatic Society. Sponsored by the American Psychosomatic Society and the Office of Behavioral and Social Science Research at NIH. Presenters:

[David Amaral, PhD](#), University of California at Davis, [Wayne Drevets, MD](#), University of Pittsburgh, [Larry Swanson, PhD](#), University of Southern California, [Daniel Tranel, PhD](#) University of Iowa

REGISTER EARLY FOR THE WORKSHOP AND THE ANNUAL MEETING AND SAVE!

For more information concerning the Workshop or Annual Meeting, please contact the American Psychosomatic Society, 6728 Old McLean Village Drive, McLean, Virginia 22101, phone 703-556-9222, Fax 703-556-8729, email: info@psychosomatic.org or visit our website www.psychosomatic.org

ADVERTISEMENTS

Consultation-Liaison Psychiatry Faculty Position

Consulation-Liaison Psychiatry Faculty Position: Interested Psychiatrists should have C-L psychiatry fellowship training or equivalent. The position includes clinical, research, and teaching responsibilities. An academic subject area of focus is desirable. Faculty rank will be commensurate with the candidate's qualifications. Interested candidates should submit their curriculum vitae or contact Dr. Elisabeth Kunkel, Director of C-L Psychiatry, Jefferson Medical College, Philadelphia, PA 19107 Tel 215-955-6685. Fax 215-955-8473. e-mail: elisabeth.kunkel@mail.tju.edu

Postdoctoral Fellowship

A full-time postdoctoral research position is available immediately at the UCLA Pediatric Pain Research Program to assist Lonnie Zeltzer, MD (Director and PI), and Jennie Tsao, PhD (Research Psychologist), with the conduct of a large NIH-funded study examining puberty and gender differences in pain responsivity among healthy adolescents (aged 8-17). The study is a laboratory-based investigation incorporating behavioral, hormonal (e.g., cortisol), and psychophysiological parameters (e.g., cardiac vagal tone). The position requires a strong background in psychophysiological measurement, biostatistical analyses, and applied experimental research. The successful applicant must be willing to oversee the day-to-day running of the project, including hands-on supervision of data collection, and to provide oversight of the daily functioning of the overall research laboratory. The position provides the opportunity to develop independent projects, write grants, and co-author manuscripts from new and existing data sets. The position is for one year but there is the possibility of extension. Salary will depend upon experience and qualifications. Candidates should send curriculum vitae, letter of interest, and list of three references to: Jennie Tsao, Ph.D., UCLA Pediatric Pain Research Program, 10940 Wilshire Blvd, Suite 1450, Los Angeles, CA 90024, email: Jtsao@mednet.ucla.edu.

Database Administrator

The Georgia Prevention Institute at the Medical College of Georgia, Augusta, GA (www.mcg.edu/institutes/gpi) seeks a database administrator (DBA) capable of creating and maintaining a large databases obtained from a variety of sources in varying formats. DBA will work directly with cardiovascular researchers and statisticians and should have familiarity with longitudinal data sets. Salary is \$44.5- \$47K. Send CV and 3 reference letters to Dr. Frank Treiber, GPI (HS1640), Medical College of Georgia, Augusta, GA 30912 (email:ftreiber@mail.mcg.edu)

Postdoctoral Research Fellowships

PSYCHIATRY DEPT, COLUMBIA UNIVERSITY: Postdoctoral Research Fellowships in the Psychobiological Sciences available (flexible starts; accepting applications now) PhDs or MDs interested in animal and/or human research designed by fellow with faculty guidance. Training includes weekly seminar and optional coursework. Program range: development psychobiology, psychophysiology, neuroendocrinology, and neuroscience. Interests of 20 faculty include: mother-infant interaction, early learning, feeding disorders, chronobiology, affective disorders, neurochemistry of motivated behavior, fetal/newborn physiology & behavior, psychosexual differentiation, stress, and cardiovascular physiology. We collaborate with Div. of Perinatology at Columbia-Presbyterian Med. Ctr and Psychiatric Institute laboratories giving broad scope. NIMH requires US citizen or permanent residence. AA/EOE, SEND CV, description of your research interests, 3 letters of recommendation to: Myron A. Hofer, MD / M i c h a e l M . M y e r s , P h D , Program Co-Directors, Unit 40, NYS Psychiatric Institute, 1051 Riverside Drive, New York, NY10032.

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**GCRC Scholarship Application
Deadline is June 1st.
The Scholarship Awards have
increased!!!
Please see page 8 for details.**

**APS welcomes your participation
in one or more of its
various committees.
Please see page 3 for more
information regarding the APS
Committees.**

**Visiting Scholar Awards
Application Deadline is
February 7, 2001.
Please see page 9 for
all the details.**

**There is
money
for your
Clinical
Research
Center
research**

Eligible candidates will be medical students, graduate students, interns, residents, and Clinical Associate Physicians. Part of the funds will be used for recipients to present their findings at the society's annual meeting.

We especially encourage Physician Investigators to apply.

The American Psychosomatic Society will award 3 \$4,000 scholarships per year to eligible young investigators whose research explores **topics integrating behavior and medicine** and is conducted on a NIH - funded **General Clinical Research Center**

Applications (a 2-3 page proposal of the project and a copy of the CV) are due June 1st of each year and should be submitted to:

American Psychosomatic Society
6728 Old McLean Village Drive
McLean, Virginia 22101-3906
(703)556-9222

For more information about Clinical Research Centers, visit:
www.ncrr.nih.gov/clinical.htm

APS Visiting Scholar Awards - February 7, 2001 deadline

The Professional Education Committee of the American Psychosomatic Society wishes to inform you of an opportunity for your medical school to apply for one of the six Visiting Scholar Awards sponsored by the Society. The Visiting Scholar Award program is consonant with the Society's mission to promote research and education in psychosomatic medicine.

THE AWARD: The American Psychosomatic Society will provide a) an honorarium for the Visiting Scholar participation at your university, b) his/her travel, hotel and meals for late afternoon arrival and a subsequent one-day visit.

CRITERIA FOR GRANTING A VISITING SCHOLAR AWARD: The granting of a Visiting Scholar Award is based on competitive applications. In providing this award, the Society's aims are to impart an awareness of the exciting advances in psychosomatic medicine, and to stimulate interest, education and research in this area. *Applications are now open to medical schools outside North America.*

FORM AND CONTENT OF THE APPLICATION: The application consists of a letter, which describes how the Visiting Scholar will be utilized. The letter must include specific proposals, but need not be longer than 2 or 3 pages. The following points should be addressed:

A. Designation of Coordinator

One faculty person in your department should be designated on the application as coordinator for the visit. Once the award is granted, the coordinator will set the date of the visit and design the final schedule together with the Visiting Scholar. This person will also be responsible for publicizing the visit schedule to interested groups: primarily graduate and undergraduate students and faculty, but also related disciplines such as psychiatry, internal medicine, epidemiology, etc. **PLEASE BE SURE TO COPY THE APS OFFICE WITH ALL CORRESPONDENCES.** Shortly before the date of the visit, APS will furnish the coordinator with information that the scholar will be asked to share with the audience.

It is possible for applicants to request a specific individual as the Visiting Scholar. If such a request is made, however, the Scholar requested must be a member of the American Psychosomatic Society. If the application is successful, a Scholar other than the individual requested may be substituted by the Society.

B. Activities Proposed

Applicants should show how they structure the visit and use the opportunity provided by the presence of the Visiting Scholar. Proposed activities might include the following:

- 1) one or two formal presentations, such as, at department conferences and lectures to students;
- 2) seminars for small groups
 - a) more detailed presentation of the Visiting Scholar's research work to interested faculty
 - b) workshops based on the host institution's research activities to review and be a catalyst
 - c) workshops focused on the host institution's interest in developing programs with a psychosomatic focus (for example, establishing an interdepartmental research program in hypertension; or a program wishing to expand its research activities)
 - d) workshops with faculty wishing to enhance the psychosomatic focus in health psychology education;
- 3) group meals providing opportunities for interaction, such as lunch/dinner with faculty, students and residents. (The host university will be responsible for providing the costs of such group meals, except for the Visiting Scholar's expense, which will be paid by the award.)

Applicants should also indicate what longer-term positive outcomes might be anticipated from such a visit.

C. Date for submission of Application: For the Visiting Scholar Awards for the academic year 2001-02, deadline for receipt of applications is February 7, 2001.

The application should be addressed to: Dennis H. Novack, MD, Visiting Scholar Award Program, American Psychosomatic Society, 6728 Old McLean Village Drive, McLean, Virginia 22101-3906 USA

D. Following the Award

Following the granting of a Visiting Scholar Award, it is expected that the host coordinator and Visiting Scholar will consult together in developing the final program of activities offered. This will ensure that the program maximizes the host institution's opportunities to use the particular visitor's talents, and avoids over or under scheduling. The APS National Office should get a copy of all correspondences.

A 2-day visit may be possible which would allow for additional activities. Schools requesting such a visit will need to provide their own funds for the second day's honorarium and expenses.

6728 Old McLean Village Drive
McLean, VA 22101-3906
(703) 556-9222
FAX (703) 556-8729
Email: info@psychosomatic.org
<http://www.psychosomatic.org>

Calendar of Events

2000

December 7-10 American Academy of Addiction Psychiatry, 11th Annual Meeting and Symposium, Phoenix, Arizona. Phone (913)-262-6161, fax 913-262-4311, email: addicpsych@aol.com, website: www.aaap.org.

2001

June 1-3 - 5th International Conference on Memory, Awareness and Consciousness: Pharmacology and Its Impact on Surgical and Critically Ill Patients, New York, New York. For info: Ruth Reinsel, PhD, Memorial Sloan-Kettering Cancer Center, phone (212)-639-6038, fax (212)772-8646, website: <http://www.maacc.org>, email: mac@mskcc.org

July 29-August 11 - Summer Institute on Design and Conduct of Randomized Clinical Trials Involving Behavioral and Social Interventions. Airlie Conference Center, Virginia. For Info: Ronald P. Abeles, PhD Office of Behavioral and Social Sciences Research, NIH, Gateway Building, Room 2C234, Bethesda, MD 20892-9205, Fax: 301-402-1150, Email: Abeles@nih.gov

November 15-18 -Academy of Psychosomatic Medicine, 48th Annual Meeting, Adam's Mark Hotel, San Antonio, Texas, Theme: "*Preserving Meaning in the Practice of C-L Psychiatry*". Abstract submission deadline April 6, 2001. For info contact: Executive Director, A.P.M., 5824 Magnolia, Chicago, IL 60660

The APS Newsletter is published 3 times a year by the American Psychosomatic Society with the cooperation of Degnon Associates.

Comments and Suggestions are invited. Remember, this is YOUR Newsletter.

The deadline for submission for our next Newsletter is February 1, 2001.

Please send correspondence to:
APS Newsletter Editor
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6728 Old McLean Village Drive
McLean, VA 22101-3906
Fax: 703-556-8729
Email: info@psychosomatic.org

Mark Your Calendars! American Psychosomatic Society Dates/Locations of future meetings

March 6-7, 2001

A Master Workshop on the *Neurobiology of Emotion in Psychosomatic Medicine*. To be held prior to the Annual Meeting:

March 7-10, 2001 Monterey, California

American Psychosomatic Society, 59th Annual Scientific Meeting - Monterey, CA.

March 13-16, 2002 Barcelona, SPAIN

The call for abstracts will be available the summer of 2001, with a due date of mid-September, 2001.