

AMERICAN PSYCHOSOMATIC SOCIETY

Dedicated to the Integration of Biological, Psychological and Social Factors in Medicine

VOL. 12, NO. 1

NEWSLETTER FOR APS MEMBERS

Spring 2001

President's Letter



Dr. J. Richard Jennings

I was honored by the unexpected opportunity to become your president-elect and now president. After 20 some years of attending our annual meeting, the Society has become something of a very extended family for me. I remain in awe, however, of the intellect and clinical acumen readily available among our members. This has been combined in recent years with excellent society management that has made us an exemplary professional society. Congratulations on your decision to join us as a member.

During the last year I have contemplated upon the challenges faced by psychosomatic medicine in general and the Society in particular. I felt that I could best serve you by thoughtfully addressing a significant problem for the Society. Identification of a major challenge seemed evident—both considering the Society as well as our more general society—medicine in the United States and to some extent world wide. Practicing physicians are largely unable to have a career balanced between patient care and research. The traditional model of academic medicine is disappearing. The most obvious cause of this is the economic pressures exerted by managed care. Less obvious causes are the specialization of research as well as, to a lesser extent, a focus on molecular, bench science. Recognizing this problem was not a stroke of individual brilliance, speeches and articles abound on the topic—coming from everyone from my dean to the editor of *Hypertension* and a national commission or two. The national problem

is also though a local problem for our Society. Our Society is steadily growing, but the percentage of physician members is declining.

Why is the decline in physician members a problem? Historically, physicians building a science of psychosomatic medicine from careful patient observation and subsequent research founded our Society. We could leave this history behind, but I still find merit in the argument that direct observation of the patient defines our problem well and provides important starting points for scientific investigation. The treating physician has the best access to patients and the clearest commitment to understanding their disease. As importantly, physicians receive training that is distinctly different from the psychologist, nurse, or other health professional. Due to this they approach problems differently than psychologists, engineers, or statisticians. In recent years, the strength of the Society has been its diversity. Our meetings present uniformly high quality research done from different perspectives. Other behavioral medicine societies strive for both the quality and diversity we offer, but I think fall short. Our strength is the active involvement of physicians as approximately half of our membership. If we lose our physician scientists, we lose the distinctiveness and much of the strength of our Society.

What can we do? My first impulse as a western Pennsylvanian was to organize a hostile march on Washington comparable to that organized in 1794 when the federal government raised the tax on whiskey. That endeavor didn't end well though. Wise counsel from those familiar with Washington and a bit of more reasoned consideration suggested that we needed to act locally, not nationally. Funds and special programs exist to help physicians start and maintain a career as physician scientists. These programs are often undersubscribed and particularly undersubscribed by physicians with biopsychosocial interests. If we can

recruit young physicians to our research area, then it is likely that we can get a lion's share of the resources available to make them successful physician scientists. Within our Society we already have travel fellowships, clinical research center funds, and mentoring that could greatly aid the young physician investigator. We need to contact physicians in training and let them know that a research career in psychosomatic medicine is viable and that a great society will support them in their efforts. Our best tool in this endeavor is you. Talk to physicians-in-training, have them in your lab even if for only a few weeks, bring them to our meeting, and maintain your contact.

As a Society, we have formed an Advance the Physician Scientist committee—the APS committee of APS. Our charge is to optimize existing programs of the Society for physician scientists (without excluding our other members from these benefits), to organize information about the benefits of the Society for physician scientists to help you in your recruitment efforts, to organize information for you and the physicians in training about sources for funding and educational opportunities, and generally to keep us all aware of how important it is to recruit and retain physician scientists. I received the usual reward for having this idea and was asked to head the APS APS committee. As a psychologist though, I felt that the remainder of the members should be physicians. The committee at present has two relatively senior physicians, Jerry Markovitz and Matt Muldoon, and five more junior physicians, Roland von Kaenel, Alvaro Camacho, Kurt Ackerman, Mario Maldonado, and Bruce Rollman. We have also recruited a medical student advisor to see if we are thinking sufficiently like a physician in training to make our 'pitch' correctly — Chris Degnon. We welcome all whom would like to work though and will even accept ideas and complaints without enlisting you (if you so state). Email me at

(continued on page 3)

From the Editor

Susan Everson, MPH, PhD, University of Michigan, School of Public Health, Ann Arbor, MI

Dear APS Members,

Spring is here (finally) and if you're like me, you are treasuring the longer hours of daylight and the fresh color that is sprouting everywhere. But, at the same time, you are wondering how yet another academic year could have gone by so quickly when you still have that manuscript to write, those data to analyze, that grant to revise, papers to grade, etc. Spring also brings us our annual meeting – a time to renew friendships and collaborations, to be reinvigorated in our research by all the fresh new ideas and data that are shared and to remind ourselves why the American Psychosomatic Society is such a terrific professional home. As always, this Spring issue of the APS Newsletter recaps the annual meeting, summarizing some of the many highlights of the meeting and sharing with you the achievements of our members and what is in store in the coming year.

The Society's new President, Dr. Dick Jennings, has written a thoughtful column that emphasizes our commitment to the physician scientist. One of the great strengths of this society is, as Dick notes, our diversity of perspectives. This allows us to learn from one another, challenge each other and ourselves to think and grow in new directions. Maintaining this diversity is clearly an important goal of the Society and to that end, we must actively recruit and support physician scientists. Please give some thought as to how we might best achieve these goals and be sure to contact Dick or his fellow committee members with your ideas and thoughts on the topic.

As Bill Lovallo, the 2000 and 2001 program chair, notes in his meeting summary on page 3 of this newsletter one of the much-anticipated events at this year's meeting was the debate on the importance of psychosocial factors in organic disease. I enjoyed the debate and thought that Drs. Williams and Schneiderman presented a strong case for the evidence supporting the link between various psychosocial factors and hard health outcomes. Drs. Angell and Relman ably presented their argument as well; however, I know I was not alone in thinking that they appeared to hold psychosomatic research to

a higher standard than more traditional "medical" research when evaluating the strength and importance of the associations. Having said that, one area in which our evidence *is* lacking is that of psychosocial interventions and whether they effectively and meaningfully reduce disease risk or improve risk profiles and prognosis among patients. Thus, I was very pleased to see a relevant new article by one of our Society members, Dr. Wolfgang Linden, in the latest issue of the *Archives of Internal Medicine*. Wolfgang's article describes an individualized stress management program that successfully reduced ambulatory blood pressure levels in a small sample of adults with hypertension. I believe this type of work is critical to advancing our field. The new article by Wolfgang and his colleagues can be found at <http://archinte.ama-assn.org/issues/v161n8/abs/loi00660.html>.

Continuing with a tradition of the past few years, we invited the 2001 Early Career awardee to write a column for this issue of the newsletter. Dr. Susan Girdler from the University of North Carolina at Chapel Hill is this year's award winner. It is especially nice to have Sue's column in this issue since she was unable to receive her award in person at the meeting in Monterey. Sue tells us about her interesting research on gender and hormonal influences on stress-induced hemodynamic patterning, and neuroendocrine dysregulation in women with PMDD. Sue and I first met at a psychophysiology conference in San Francisco in 1988 when we were both "starving" graduate students and we shared a room along with two other students. Her work was impressive then and continues to be. Congratulations Sue and best wishes to you and your family with the impending arrival of your second child.

As evidenced by our annual meeting, the Society continues to grow and prosper. Another sign of this is the long list of new members that you will find on page 8. We welcomed 73 (!) new members in the past several months – some are students just starting out in psychosomatic medicine and some are old friends (you know who you are!) that we are happy to have with us. Welcome to all of you and, please, get involved! APS is your society.

Another sign of our growth is the expansion of the journal. This year we will be expanding the journal to include 100 additional pages and we also will be taking the journal online

American Psychosomatic Society

Officers and Council

2000-2001

PRESIDENT

J. Richard Jennings, PhD

PRESIDENT-ELECT

Dennis H. Novack, MD

SECRETARY-TREASURER

Richard D. Lane, MD, PhD

PAST PRESIDENT

Jean Endicott, PhD

EDITOR-IN-CHIEF

Joel E. Dimsdale, MD

NEWSLETTER EDITOR

Susan Everson, MPH, PhD

PROGRAM COMMITTEE CHAIR

Mark A. Lumley, PhD

COUNCIL MEMBERS

Susan Everson, MPH, PhD (04)

Michael R. Irwin, MD (03)

William R. Lovallo, PhD (03)

Matthew F. Muldoon, MD, MPH (02)

Kristina Orth-Gomér, MD (04)

Carolyn E. Schwartz, ScD (02)

Peter A. Shapiro, MD (04)

Julian F. Thayer, PhD (03)

Shari R. Waldstein, PhD (03)

Michael Ziegler, MD (02)

EXECUTIVE OFFICE

George K. Degnon, CAE, Executive Director

Laura E. Degnon, Assoc. Executive Director

Naomi Lithgow-Foidl, Executive Assistant

Degnon Associates

6728 Old McLean Village Drive

McLean, VA 22101-3906

(703) 556-9222

Fax: (703) 556-8729

Email: info@psychosomatic.org

<http://www.psychosomatic.org>

in the coming months. We had nearly 15% more submissions to the journal in 2000 than in the previous year, and our journal continues to be a top-ranked journal in psychiatry and psychology. Once again, we have Dr. Joel Dimsdale to thank for his leadership as Editor of *Psychosomatic Medicine*.

In closing, I want to especially thank George Degnon, Laura Degnon, and Naomi Lithgow-Foidl for another successful meeting. And, as always, comments and suggestions regarding the newsletter and/or topics and issues of interest or concern are welcome.

Best wishes for a happy and productive summer!

Sue

Meetings Past and Meetings Future

Bill Lovallo, 2001 Program Chair

This year's annual meeting was held in Monterey, CA at the Embassy Suites Hotel on Monterey Bay. We had a record number of persons in attendance, with 457 registrants. The percentage of student registrants was somewhat larger than last year, 31%, indicating continued interest in younger scientists and practitioners and speaking well for future members among that group.

Highlights of this year's meeting:

Starting off, Jean Endicott gave the President's Award to Bruce McEwen of Rockefeller University, one of the world's foremost researchers on the effects of stress on the hippocampus. Bruce reviewed the impact of long term stress on allostatic load and its potential effects on health, with special emphasis on persons of low socioeconomic status.

Most impressive was the debate, "Resolved: Psychosocial interventions can improve objective clinical outcomes in organic disease." The highly spirited interchange featured our own Redford Williams and Neil Schneiderman speaking for the proposition and noteworthy antagonists, Arnold Relman and Marcia Angell, former editors of the *New England Journal of Medicine*. The discussant, George Lundberg, former editor of *JAMA*, showed wit and a gadfly attitude that questioned both sides of the issue. He finished on just the right light note. The Society is indebted to the hard work of Jerry Markovitz and Greg Miller, who worked up the idea and then worked up the nerve to contact the speakers to ask for their participation. Thanks, Jerry and Greg.

The Grand Rounds were presented by guest speakers David Sultzer and Stephen Chen on the disorder of vascular depression, with our own Frank Keefe and Mark Lumley presenting work on chronic pain. The session was organized and chaired by Shari Waldstein and Francois Lesperance.

The Disease of the Year was autoimmunity. NIMH's Esther Sternberg, gave the featured talk on mechanisms of autoimmune diseases and her work on arthritis. Society members, Kurt Ackerman, David Mohr, and Carolyn Schwartz, finished up with discussions of their work on multiple sclerosis and other

autoimmune disorders. The session was organized and ably run by Mustafa al'Absi.

The invited sessions were capped off by an outstanding presentation on the Neurobiological Consequences of Early Life Trauma by Charles Nemeroff, this year's Patricia R. Barchas Awardee. His work shows clearly that early trauma can have lifelong consequences for expression of mood and anxiety disorders. The award was presented by Joel Dimsdale.

Other highlights were two preconvention workshops. Susan Everson continued her emphasis on career growth by organizing and hosting a workshop on Career Development: Win-Win Outcomes Personally and Professionally. Anne Berry, a nationally known career development specialist conducted the program.

The other was a Master Workshop on the Neurobiology of Emotion in Psychosomatic Medicine organized by Richard Lane and Bill Lovallo. Speakers were Larry Swanson of USC, who gave an overview of central nervous system organization, David Amaral of UC Davis, who presented his primate research on the function of the amygdala in regulation of social emotions, Daniel Tranel of the University of Iowa, who works with human neurological patients in studies of the amygdala and prefrontal cortex in regulating behavior in relation to emotions, and Wayne Drevets, now at NIMH, on his neu-

We also continued with featured program elements. The Early Career Award went to Susan Girdler. Sue's work on women's stress responsivity in relation to menstrual cycle phase and premenstrual dysphoric disorder is among the strongest being done, and her award is much deserved.

As Past President, Jean Endicott addressed the Society on her work in getting FDA recognition for premenstrual dysphoric disorder, with an emphasis on the evidence of the unique clinical features of this condition.

For member-submitted presentations, the meeting consisted of the usual symposia, paper sessions, and poster sessions, including one evening session. The quality of this material was outstandingly high, and a record number of submissions was included in this meeting.

My thanks to a great program committee:

Deborah Ader, Mustafa al'Absi, Mike Antoni, Dana Bovbjerg, Noble and Jean Endicott, Sue Everson, Susan Girdler, Do-Un Jeong, Francois Lesperance, Mark Lumley, Susan Lutgendorf, Chris Marco, Jerry Markovitz, Bob Maunder, Greg Miller, Marzio Sabbioni, David Sheps, Larry Van Egeren, and Shari Waldstein along with student representative Serena Neuman-now Dr. Neuman. Laura Degnon was invaluable in the planning process and she and Naomi Lithgow-Foidl did the usual outstanding job of running the logistical support for the meeting on site. I had a wonderful time working with all of you.

Next year - Barcelona! Mark Lumley takes over for that venue with a multinational committee and an outstanding host city. Plan your 2002 vacation in Catalonia. I know I'll be there as a tourist.

President's Letter

(continued from page 1)

JenningsJR@msx.upmc.edu or contact one of the other members.

Lest this column become a folio length contribution, let me stop talking about physician scientists and briefly note two recent highlights of Society action. The first is the success of the pre-conference workshop on emotion. Thanks to Richard Lane and Bill Lovallo a tremendous program was put together and well attended. We are actively considering making such in-depth education sessions a more usual feature of our meeting (or rather of our pre-meeting). Richard and Bill may continue themes within affective neuroscience; while Red Williams and Steve Manuck are interested in increasing our knowledge of how current advances in genetics can be used in our research. The second development is a determined effort to have a logo for the Society. A committee headed by Bill Lovallo has engaged a logo expert who is collecting numerous alternative logos for the committee's inspection. In the past we have had a number of failed logo efforts. The current effort is using professional help and is determined to get a logo that the committee and the council find acceptable. Note that acceptable is unlikely to be the equivalent of 'that everybody likes'. We need a logo to quickly identify our Society and its good works. We may have to accept a logo that only 'grows on' some of the members rather than one that is instantly recognized as the Mona Lisa of logos.

59th Annual Meeting - Monterey, California



Mentor/Mentee Reception



Scholar Award Winners



Joel Dimsdale presenting the Patricia R. Barchas Award to Charles B. Nemeroff,



Former APS Presidents Oliver Cameron and Jean Endicott

and having a good time!!!!



APS SCHOLAR AWARD RECIPIENTS

At this year's annual meeting, APS presented 12 scholar awards to students or trainees enrolled in medical, graduate or undergraduate school, or those in residencies, internships, or post-doctoral fellowships. Scholars were selected on a competitive basis from those students and trainees who were first authors on abstracts accepted for presentation at the APS meeting. Each award provided monetary assistance of \$500 for conference fees, travel and hotel accommodations. Congratulations to this year's recipients:

Maria Bleil, BA
Pittsburgh, PA

Tavis Campbell, BA
Montreal, Quebec, Canada

Marcel Ebrecht, Dipl Psych
London, United Kingdom

Patricia Mona Eng, MS
Boston, MA

Richard Fleet, PhD
Montreal, Quebec, Canada

Jens Gaab, MSc
Zurich, Switzerland

Natalie Hamrick, MS
Pittsburgh, PA

Jeanne McCaffery, MS
Pittsburgh, PA

Nicholas Rohleder, Dipl Psych
Duesseldorf, Germany

Wendy Troxel, BA
Pittsburgh, PA

Oliver Wolf, PhD
Duesseldorf, Germany

Stefan Wüst, PhD
Trier, Germany

Audio tapes of the 59th Annual Scientific Meeting are available for sale. Please contact the APS National Office for an order form.

Early Career Award



Susan S. Girdler, PhD
University of North Carolina,
Chapel Hill

It is with sincere humility that I accept the 2001 Early Career Award from the American Psychosomatic Society. I only regret that complications with my pregnancy prevented me from attending this year's meeting so that I might have expressed, in person, my gratitude to the members of the Awards Committee for bestowing such an honor on me. I would also have liked to have acknowledged publicly the individuals who have served in important mentorship roles during this first decade of my career. First and foremost this would be Kathy Light, Ph.D. who first sparked my passion for the field of psychosomatic medicine, women's health research in particular, and who continues to serve as an important mentor in my life in areas of career development. Additionally, I am grateful to Andy Sherwood, Ph.D. for the initial training and continued collegial interactions involving the use of impedance cardiography in psychosomatic research. Impedance-derived measures remain an important focus of my research program. Finally, thanks to Larry Jamner, Ph.D. with whom I did my postdoctoral training and who first got me interested in studying endogenous pain regulatory mechanisms (i.e., he taught me nearly everything I know about inflicting pain on human subjects!).

I remember, as if it were yesterday, attending my first APS meeting as a graduate student in 1991, held in Sante Fe, New Mexico. In addition to the lasting friendships and collegial relationships established then, I believe it was at that meeting that my interests in gender-based research became solidified. Specifically, my initial work focused on gender differences in stress-induced hemodynamic response patterns (i.e., cardiac versus vascular), and the extent to which the

female menstrual cycle and cigarette smoking modulate hemodynamic patterning. This early work served as a springboard for my currently funded research by the National Heart Lung and Blood Institute which, using a 6-month, placebo-controlled, randomized trial, is designed to compare the differential effectiveness of transdermally administered estrogen replacement therapy versus traditional oral estrogen therapy in postmenopausal smokers. It is hypothesized that because of smoking-induced alterations in the hepatic metabolism of estrogen (reducing its bioavailability), that transdermal estrogen will be more effective in reducing vascular resistance, blood pressure, left ventricular mass and improving endothelial function in postmenopausal smokers. Preliminary results, presented at the 2000 meeting of APS support these hypotheses. I am fortunate to have an interdisciplinary team of collaborators on this project, including cardiologist, Dr. Alan Hinderliter, gynecologist Dr. Ellen Wells, and psychophysiology Dr. Kathy Light.

My early work in the menstrual cycle and stress reactivity also served as a starting point for my research in stress-induced neuroendocrine dysregulation in women meeting strict criteria for premenstrual dysphoric disorder (PMDD), for which I have received continuous funding since 1995 by the National Institute of Mental Health. Consistent with the syndromal nature of PMDD, we have found blunted myocardial and blood pressure reactivity to stress, blunted HPA-axis function (i.e., reduced plasma cortisol and beta-endorphin levels), and heightened sensitivity to pain in PMDD women relative to controls, irrespective of menstrual cycle phase. Moreover, certain subgroups of PMDD women, including those with histories of major depression and those with histories of sexual and physical abuse, appear to have alterations in adrenergic physiology (norepinephrine and beta-adrenergic receptor responsivity). I am particularly excited, however, by my most recent research focus in this area, which centers on the progesterone metabolite, allopregnanolone (ALLO). Allopregnanolone is a stress sensitive, neuroactive steroid that exerts profound anxiolytic effects via the GABA_A receptor system. An initial study of ours showed that not only do PMDD women demonstrate abnormal ALLO levels, and that ALLO levels relate to premenstrual symptom severity, but PMDD women also show a

blunted stress response relative to healthy controls. Our current project is designed to explore the time course of stress-induced ALLO and other neurosteroids, and to specifically investigate whether PMDD women show alterations in the metabolism of progesterone to ALLO. My collaborators on this project include Dr. Kathy Light, psychiatrist Dr. Cort Pedersen, and neurobiologist Dr. A. Leslie Morrow.

New directions for me in the coming year, in addition to the imminent arrival of my second child, include a return to my roots in gender-based studies. Specifically, a pending NIDA project involves examining gender differences in endogenous pain regulatory mechanisms including the female sex hormones and their metabolites, endogenous opioids, and cardiovascular-somatosensory interactions. Related studies involve examining the role of cigarette smoking in modulating these pain regulatory mechanisms and, thereby, modulating pain perception differently in men versus women.

In closing, I must say that submitting this piece for the APS newsletter has given me a wonderful opportunity to reflect not only on my career, but more importantly on how fortunate I have been to work with such an inspiring group of mentors, collaborators, and co-investigators. I am also fortunate to have a strong research environment and departmental support here at the University of North Carolina at Chapel Hill, where I am currently an Assistant Professor in Psychiatry. On a more personal note, given that I am nearing the end of my third trimester in this pregnancy, I have also been reflecting on what wonderful biological systems we are. Knowing that my allopregnanolone levels are hugely elevated right now, helping to keep me calm, and that my higher estrogen levels may be protecting my heart and vessels even as I write this sentence, I think that we have evolved perfectly. Then I stop to ask myself, why isn't there some kind of hormone that kicks in after the birth of a child to protect both mom and dad from the tremendous brain damage that ensues (and is somewhat permanent as far as I can tell)? Perhaps we're not so perfectly evolved after all.

Committee News

2002 Annual Meeting

Our First Trip Overseas!

Mark A. Lumley, Ph.D.
Program Chairperson
2002 Annual Meeting

The American Psychosomatic Society will mark its 60th annual meeting with a first for the society—our first annual meeting to be held outside of North America. Mark your calendars for March 13 to 16, 2002 for an exciting scientific conference in one of Europe's most engaging and historically important cities—Barcelona, Spain. The program committee has been working hard for several months preparing for this event. To increase our European contributions to the annual meeting, there are nine new APS members on the program committee, and all are from Europe. There is now committee representation from Belgium, France, Germany, Italy, the Netherlands, Portugal, Spain, Sweden, Switzerland, and the United Kingdom. I'm excited about the unique contributions that these members are making to planning of the meeting, identifying topics of interest to international members, and suggesting presenters from around the world.

Although the meeting is still in its formative stages, I can give you some hints of things to come. We hope to have a major plenary session—an invited symposium on "The Role of Personality Theory in Psychosomatic Medicine." Our preliminary plans are to have several luminaries present on different personality perspectives and their influence on health. In addition, Richard Lane and Bill Lovallo are exploring the possibility of following their very successful preconference workshop at the 2001 meeting on the neurobiology of emotion with a one-day preconference workshop on neurobiological mechanisms underlying cardiovascular regulation and disease. Plans are underway to have a mentor/mentee reception for our students and trainees, as well as another Case Conference / Grand Rounds, with presentations by physicians who work with various psychosomatically ill patient groups. This meeting will also mark the inauguration of the annual Al Shapiro lectureship, which will be awarded to an internist or other non-psychiatric physician who has made

substantial research contributions to a topic of interest to our field. In addition, the President's Award will be presented to Dr. David Shapiro, who, during his long career, has made substantial contributions to our understanding of cardiovascular functioning and hypertension.

The Call for Abstracts will be announced summer, 2001, with a submission deadline in September, 2001. We welcome abstracts for paper and poster sessions, as well as for symposia organized around a theme. We anticipate that several aspects of the program will focus on cardiovascular disease, so we are especially eager to see abstract and symposium submissions presenting research on other clinical conditions as well as the full range of psychological and social processes as they relate to medicine. Make plans now to attend a wonderful meeting in a special location. Barcelona beckons!

Fundraising Committee

Richard Lane, MD, PhD
University of Arizona

While the APS is in solid financial shape, we want to make sure that remains the case. There are threats on the horizon, such as the uncertainty about the impact that electronic publishing will have on our journal revenue. We also want to promote our agenda, and in order to do that funds will be needed. A Fund Raising committee was therefore formed last year and this year I have been made Chair. Other members of the committee include Jean Endicott, Sid Hart, Steve Locke, Matt Muldoon, Lynda Powell, and Redford Williams.

One of our primary goals is to develop a strategic plan for the coming years. This involves having a vision of what we'd like the APS to be 5-10-20 years from now. We believe that a key function of the Fund Raising Committee is to define a portfolio of products that donors can invest in that vary in cost. We also want to set priorities for things that are most urgently in need of funding. These would include, for example, components of the Annual Meeting that don't have fixed outside sponsorship, such as the President's Award and the Early Career Award. Examples of new initiatives would include efforts to provide travel grants for

medical students and residents to increase the number of physician scientists in our society.

Once we develop these products, we will then approach potential donors in different categories, including our own senior APS members who have found this organization to be a congenial intellectual home, corporations (managed care, drug companies), foundations and the public. The latter will involve increasing the services available on our website, and also adding a place on the website where people can make donations!

We are always interested in hearing from the membership about initiatives that the APS should be pursuing. We also would welcome information about any private donors who may be interested in helping our field. If you know of a potential donor, please contact me (lane@u.arizona.edu) or APS headquarters.

MARK YOUR CALENDARS!!!
APS 60th Annual Scientific Meeting
March 13 - 16, 2002
Barcelona, Spain
See You There!

Open Committees - Chairs

Get involved in one of the following APS Committees by contacting the Chair.

Professional Education

Dennis Novack, MD
Medical College of Pennsylvania
Email: dn22@drexel.edu

Membership

Mark W. Ketterer, PhD
Henry Ford Hospital
Email: markwketterer@cs.com

Francois Lesperance, MD
Montreal Heart Institute
Email: Lesperf@icm.umontreal.ca

Liaison

Neil Schneiderman, PhD
University of Miami
Email: nschneid@umiami.ir.miami.edu

Web Page

Steven Locke, MD
Harvard Pilgrim Health Care
Email: slocke@mediaone.net

William A. Greene, MD

Dennis H. Novack, MD, MCP - Hahnemann School of Medicine

William Allan Greene, a former President and active member of the APS, died in Rochester N. Y. in December, 2000 at the age of 85.

Bill Greene received his BA & MD from Harvard in 1940. He did a rotating internship and a stint in the Army during the war. (During the D-Day invasion, as a medical officer, he earned a Bronze Star for valor under fire.) He came to the University of Rochester for his medical residency in 1946, the same year that George Engel arrived. He met George and the rest, as they say, was history. In 1948 he became George's first fellow and stayed at the University of Rochester his entire career, in the Medical-Psychiatric Liaison Group. He was an integral figure in that program, which trained over 100 fellows, many of whom went into academia and have made great contributions to our field. He was active in the American Psychosomatic Society, serving on council, and the program and membership committees. He was Secretary-Treasurer, and was elected President in 1967. He also served on the editorial board of *Psychosomatic Medicine* for many years. In the mid 1950s, he became interested in hematological malignancies and published provocative observations about the role of psychosocial factors in the onset of these malignancies. He also published a number of papers on sudden cardiac death, and on psychosocial aspects of hemodialysis.

Bill had miles of heart. He could be a curmudgeon, but also had a great sense of humor, and was basically a warm and caring man who valued his friendships and his relationships with his patients. He helped make this Society a warmer place. At the beginning of every annual meeting, he would give out little pieces of paper with his suite number on it, that served as tickets to his parties. He would mostly invite former fellows, and anyone else he had ever spoken to. These parties were always crowded and fun.

He had tremendous enthusiasm for our field. He was always the first in line to ask a question or make a comment about a paper. He had a firm belief in the power and

magic of our field to explain and ameliorate illness.

Bill Greene contributed much to our society and our field. Illness kept him away from our meetings for the last 7 years or so. I believe that all of us who were his friends feel grateful and privileged for having known him, and will always remember Bill with a smile.

In Memorium

William A. Greene, MD
Rochester, NY

Arnold A. Hutschnecker, MD
Sherman, CT

Seymour C. Post, MD
New York, NY

John L. Simon, JD
New York, NY

Psychology Journal Club

Effective with the January/February issue of *Psychosomatic Medicine*, we have added a commentary section on our website. The commentary features discussion, of one article per issue, by David Krantz, PhD and a graduate student. It is hoped that this section on the website will be of interest to psychology undergraduates and graduates. Readers should go to the Society website (www.psychosomatic.org), click on the Journal, then click on "Psychology Journal Club."

**The American
Psychosomatic Society
would like to thank Pfizer
for its generous support of
the 59th Annual Scientific
Meeting.**

POSITION AVAILABLE

Investigator - Behavioral and Mental Health Research

Joslin Diabetes Center, an affiliate of Harvard Medical School and a leader in diabetes research, teaching and patient care, is seeking an experienced behavioral scientist with a background in diabetes for a full-time research position. This is an opportunity to join a vibrant mental health research and clinical group in order to expand our educational, behavioral and outcomes research program. The ideal candidate will have strong research skills with a demonstrated record of success in obtaining grant support; be an intellectual leader with an established track record of significant scientific contributions; and possess a Ph.D. or M.D., preferably with clinical care licensure. Joslin offers a competitive salary and benefits, and an academic appointment to Harvard Medical School at the Assistant to Associate Professor level. Send Curriculum Vitae to Search Committee, c/o Research Director's Office, Joslin Diabetes Center, One Joslin Place, Boston, MA 02215.

(The above is a paid advertisement)

Advertising Rates

APS Members:

1st 10 lines - no charge
11 or more lines - \$10/line

Non-members:

1st 10 lines - \$150.00
11 or more lines - \$10/line

Each line contains approximately 36 characters and spaces this figure is an estimate only; advertisers will be charged based on the actual number of lines printed in the newsletter. If you have any questions, or if you wish to advertise a position opening, please contact the National Office.

Welcome...New Members!

- Sarah Adt, BA**
Santa Cruz, California
- André Arsenault, MD**
Longueuil, Quebec, Canada
- John Astin, PhD**
Reistertown, Maryland
- Melissa Beagle, BS**
Hershey, Pennsylvania
- Ivan Bendiksen, Cand Psy**
Sandefjord, Norway
- Elin Bjorling, MA**
Seattle, Washington
- Maria Bleil, BA**
Pittsburgh, Pennsylvania
- Lindsey Bloor, MS**
Salt Lake City, Utah
- Julianne E. Bower, PhD**
Los Angeles, California
- Joyce T. Bromberger, PhD**
Pittsburgh, Pennsylvania
- Tavis Campbell, BA**
Montreal, Quebec, Canada
- Adolph Casal, MD**
Atlanta, Georgia
- Lisa Clemensen, PhD**
Mankato, Minnesota
- Andrea Con, MA**
Vancouver, BC, Canada
- Aimee Danielson, MS**
Coral Gables, Florida
- Christine Degnon, MPH**
Hershey, Pennsylvania
- Ming Yu Deng, MD**
Queens, New York
- Sally Dickerson, MA**
Los Angeles, California
- Michelle DiMaio, BA**
Seneca, South Carolina
- Patricia Mona Eng, MS**
Newton, Massachusetts
- Carol Ann Dolan, PhD**
Ramstien-Miese, Germany
- Noha H. Farag, MD**
La Jolla, California
- Iлона Federenko, MA**
Trier, Germany
- Rachel Tanya Fouladi, PhD**
Houston, Texas
- Bruce H. Friedman, PhD**
Blacksburg, Virginia
- Jens Gaab, MSc**
Zurich, Switzerland
- Karen Gibbs, BA**
Laytonsville, MD
- Layne A. Goble, MA**
Catonsville, Maryland
- Tanya Goyal, MS**
Edison, New Jersey
- Tara L. Gruenewald, MA**
Los Angeles, California
- Suzanne G. Helfer, PhD**
Clemson, South Carolina
- Suzi Hong, PhD**
San Diego, California
- Reiko Hori, MD**
Aichi, Japan
- Raila Horne, MA**
Honolulu, Hawaii
- Jennifer L. Huffman, PhD**
Jackson, Michigan
- Joel W. Hughes, MA**
Durham, North Carolina
- Sabra Inslight, MS**
Pittsburgh, Pennsylvania
- Deborah Jones, PhD**
Pittsburgh, Pennsylvania
- Robert M. Kelsey, PhD**
Memphis, Tennessee
- John P. Kuhl, MPhil**
New York, New York
- Catherine Laurin, BA**
Montreal, Quebec, Canada
- Yen Lin Loh, BS**
Hershey, Pennsylvania
- Karl Maier, MA**
Baltimore, Maryland
- Joshua Mark, MSW**
Teaneck, New Jersey
- Paula S. McKinley, PhD**
New York, New York
- Polly Moore, PhD**
San Diego, California
- Chandra S. Nagireddy, PhD**
Colorado Springs, Colorado
- Richard O'Connor, PhD**
Lakeville, Connecticut
- Penny M. Palmer, MD**
Spokane, Washington
- Tera Lynn Panknin, MS**
Oklahoma City, Oklahoma
- Jessica R. Pelletier, BA**
Baltimore, Maryland
- Christy Perez, BS**
San Diego, California
- Glenda C. Prkachin, PhD**
Prince George, BC, Canada
- Kerry A. Reynolds, BA**
Pittsburgh, Pennsylvania
- Alina Rodriguez, PhD**
Uppsala, Sweden
- John Schneider, MD**
West Allis, Wisconsin
- Ashley Wilder Smith, MS**
Pittsburgh, Pennsylvania
- Annette L. Stanton, PhD**
Lawrence, Kansas
- Marvin Stein, MD**
Toronto, Ontario, Canada
- Cinnamon Stetler, BA**
Clayton, Missouri
- Bonnie Taylor, PhD**
Chicago, Illinois
- John F. Todaro, PhD**
Providence, Rhode Island
- Tina Marie Tojek, MA**
Lake Orion, Michigan
- Wendy Troxel, BA**
Pittsburgh, Pennsylvania
- Kenneth G. Walton, PhD**
Fairfield, Iowa
- Bryan A. Weber, MSN**
Cleveland, Ohio
- Ian Wickramsekera, PhD**
Tracy, California
- David A. Wittrock, PhD**
Fargo, North Dakota
- Oliver Wolf, PhD**
Duesseldorf, Germany
- Stefan Wüst, PhD**
Trier, Germany
- Denise Nishiguchi Yip, MA**
Berkeley, California
- Sandra S. Young, BSc**
Vancouver, BC, Canada
- Robert Zacharie, MD, Sci**
Aarhus, Denmark

**There is
money
for your
Clinical
Research
Center
research**

Eligible candidates will be medical students, graduate students, interns, residents, and Clinical Associate Physicians. Part of the funds will be used for recipients to present their findings at the society's annual meeting.

We especially encourage Physician Investigators to apply.

The American Psychosomatic Society will award three \$4,000 scholarships per year to eligible young investigators whose research explores **topics integrating behavior and medicine** and is conducted on a NIH - funded **General Clinical Research Center**

Applications (a 2-3 page proposal of the project and a copy of the CV) are due June 1st of each year and should be submitted to:

American Psychosomatic Society
6728 Old McLean Village Drive
McLean, Virginia 22101-3906
(703) 556-9222

For more information about Clinical Research Centers, visit:
www.ncrr.nih.gov/clinical.htm

6728 Old McLean Village Drive
McLean, VA 22101-3906
(703) 556-9222
FAX (703) 556-8729
Email: info@psychosomatic.org
<http://www.psychosomatic.org>

FIRST CLASS
U.S. POSTAGE
PAID
Permit No. 7085
McLean, VA 22101

Calendar of Events

2001

June 1-3 - 5th International Conference on Memory, Awareness and Consciousness: Pharmacology and Its Impact on Surgical and Critically Ill Patients, New York, New York. For info: Ruth Reinsel, PhD, Memorial Sloan-Kettering Cancer Center, phone (212)639-6038, fax (212)772-8646, website: <http://www.maacc.org>, email: mac@mskcc.org

July 29-August 11 - Summer Institute on Design and Conduct of Randomized Clinical Trials Involving Behavioral and Social Interventions. Airlie Conference Center, Virginia. For Info: Ronald P. Abeles, PhD, Office of Behavioral and Social Sciences Research, NIH, Gateway Building, Room 2C234, Bethesda, MD 20892-9205, Fax: (301)402-1150, Email: Abeles@nih.gov

November 15-18 - Academy of Psychosomatic Medicine, 48th Annual Meeting, Adam's Mark Hotel, San Antonio, Texas, Theme: "*Preserving Meaning in the Practice of C-L Psychiatry*". For info contact: Executive Director, A.P.M., 5824 Magnolia, Chicago, IL 60660

December 7-8, 2001- Advances in Pituitary Disease: Metabolic, Neuroendocrine and Psychosocial Issues, Hotel Royal Plaza, Orlando, Florida. Contact: Ann Gordon, H. Lee Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, Florida 33612 phone 813-903-4975, email: gordonac@moffitt.usf.edu or visit website at: www.moffitt.usf.edu

The APS Newsletter is published 3 times a year by the American Psychosomatic Society with the cooperation of Degnon Associates.

Comments and Suggestions are invited.

Remember, this is
YOUR Newsletter.

The deadline for submission for our next Newsletter is July 1, 2001

Please send correspondence to:

APS Newsletter Editor

Susan Everson, MPH, PhD
6728 Old McLean Village Drive
McLean, VA 22101-3906
Fax: 703-556-8729

Email: info@psychosomatic.org

**Mark Your Calendars!
American Psychosomatic
Society
Dates/Locations of future
meetings**

**60th Annual Scientific
Meeting
March 13-16, 2002
Barcelona, SPAIN**

The call for abstracts will be available the summer of 2001, with a due date of mid-September, 2001.

**Have you checked out the
many new features on the
APS Website?
Go to www.psychosomatic.org**

If you need your User ID & Password
please email: info@psychosomatic.org