

NIH F99/K00 - Individual Predoctoral to Postdoctoral Fellow Transition Award

Description of Award

This award is designed to provide funding for outstanding doctoral candidates who show promise as independent researchers. Applicants will describe in their proposal a doctoral dissertation project for the F phase of the award, as well as a post-doctoral project for the K phase of the award. They will also identify career development opportunities relevant to their long-term goals of becoming an independent researcher.

NIH awards are applied to through specific Funding Opportunity Announcements (FOAs). See a list of [active F99/K00 FOAs here](#). *What's an FOA and what do all these NIH acronyms mean? Click [here](#) to find out!*

Looking for additional information? Try this link:

- [Individual Predoctoral to Postdoctoral Fellow Transition Award | Research Training](#)

Eligibility

- US citizen or permanent resident
- 3rd or 4th year graduate student
- Must be nominated by home institution

Funds Provided

- F99 phase
 - Stipend, tuition & fees, and institutional allowance (i.e., cost of fellowship expenses such as health insurance, research supplies, equipment, books, and travel to scientific meetings) for the fellow for the duration of the award phase (up to 2 years)
 - No direct research funds provided
- K00 phase
 - Salary and research costs for the fellow for the duration of the award phase (up to 3 years)

Deadlines

NIH has 3 submission cycles for F99/K00 applications. No letter of intent is required.

- Cycle I: April
- Cycle II: August
- Cycle III: December

New F99/R00 applications may be submitted by any of these deadlines. For each date, applications are due by 5:00 PM local time of application organization.

Note: Check with the grants office at your home institution because internal deadlines can vary. Oftentimes materials must be submitted internally prior to the NIH deadline.

Major Application Components

Comprehensive application instructions can be found [here](#) and should be considered in conjunction with your specific FOA

- Major application components and length (general NIH page limit guidelines found [here](#))

- Biosketch - *5 pages*
 - Highlights qualifications for the individual's specific role in the project through the following sections:
 - Personal Statement
 - Positions and Honors
 - Contributions to Science
 - View [Biographical Sketch Format Page \(fellowship\) here](#)

- Research Plan - *7 pages*
 - Specific Aims - *1 page*
 - Research Strategy - F99 dissertation and K00 future directions - *6 pages*
 - Significance
 - Innovation
 - Approach

- Applicant's Background and Goals for Fellowship Training (Training Plan) - *6 pages*
 - Academic and research background
 - Career goals
 - Proposed training activities across the F99 and K00 phases and relationship to career goals
 - Identification of proposed K00 mentor or plan to identify a K00 mentor

- Sponsor and Co-sponsor Statement - *6 pages*
 - Information on their research qualifications and track record of mentoring individuals at a similar stage
 - Evidence that the sponsor(s) have an understanding of the candidate's training needs and commitment to meet these need
 - Evidence of adequate research funds to support the project

- Reference Letters

Contact Information for Successful Applicants:

Yehui Zhu, School of Nursing, University of Pittsburgh (not sure if she is a member of APS)

References

<https://researchtraining.nih.gov/programs/fellowships/F99-K00>