

## NIH T32 - Institutional Training Grants

### Description of Award

This grant is awarded to training institutions for the purpose of supporting pre- and post-doctoral researchers. This means that institutions apply for these awards through NIH, and if awarded, open their own individual application process to recruit trainees. Each institution will therefore have their own idiosyncratic training goals, application process, number of available trainee positions, and types of positions available (pre- and/or post-doctoral). The following information is meant for trainees interested in applying for these positions once the institution has already received T32 funding. Institutions interested in applying for T32 awards can find more information [here](#).

### Benefits

Trainees are funded for a minimum of 1 year, with additional funding potentially available depending on the institution. These positions are expected to incorporate didactic, research, and career development elements, which can provide valuable training in addition to funding. Trainees may also already be attending, or planning to attend, the institution that received the T32 award. This means there are additional funding opportunities available to the trainee compared to attending an institution that does not have a T32. Trainees applying to graduate or postgraduate positions are therefore encouraged to explore T32 opportunities at their institutions.

### Eligibility

Trainees must be citizens or noncitizen nationals of the United States or have been lawfully admitted for permanent residence at the time of appointment. Additional eligibility requirements will vary by institution.

### How to Apply

Application instructions and requirements will vary by institution. To find T32 awards that fit your interests, [NIH RePORTER](#) is a good starting place. You can search for current training grants by entering "T32" in the Activity Code section and specifying "Active Projects" in the Fiscal Year.

### Relevant Training Programs of Interest (non-exhaustive)

- [Clinical Research Training for Psychologists](#) - University of Pittsburgh
- [Biobehavioral Issues in Physical and Mental Health](#) - University of California, Los Angeles
- [Psychology and Medicine: An Integrative Research Approach](#) - University of California, San Francisco
- [Interdisciplinary Research Training in Health Behavior Science](#) - University of Missouri, Columbia
- [A Biobehavioral Research Training Program](#) - Stanford University
- [Cardiovascular Behavioral Medicine Research Training Program](#) - University of Pittsburgh
- [Translational Research Training in Sleep Medicine](#) - University of Pittsburgh
- [Research Training in Cardiovascular Behavioral Medicine](#) - Warren Alpert Medical School of Brown University
- [Research Training Program in Adolescent/Young Adult Biobehavioral HIV Research](#) - Warren Alpert Medical School of Brown University

## *References*

<https://researchtraining.nih.gov/programs/training-grants/T32>