



Roundtable - Asthma: Disease A Year (DAY) Symposium

APS has initiated a new series of yearly online symposia titled “Disease A Year” (DAY), which are scheduled to occur during the fall and dedicated to covering the state-of-the-art of a particular disease that is presented from both the medical and the psychobiological angle. The aim of this program is to bring together experts from both perspectives to discuss current progress in understanding disease processes and to create opportunities for synergy between psychosocial and biomedical domains that results in an updated biopsychosocial perspective and innovation in research and treatment. The first symposium will be dedicated to asthma, one of the “holy seven” psychosomatic diseases, according to Franz Alexander, a pioneer of psychosomatic medicine. This roundtable will provide an opportunity to explore and take a deeper dive into the major insights gleaned from this symposium and how they may be integrated into future research trajectories. We will also discuss research opportunities for those interested in asthma, and the wider field of respiratory disease and allergy.