

## Wellness Activity - Workshop with Bees & Refugees

To donate to this organization please visit: <a href="https://beesandrefugees.org.uk/">https://beesandrefugees.org.uk/</a>

Please join us for a workshop hosted by Bees and Refugees, (<a href="https://beesandrefugees.org.uk/">https://beesandrefugees.org.uk/</a>) a refugee-led environmental justice organization in the UK that is dedicated to integrative refugee health and protecting the native black bee population.

As a member of the green social prescribing network

(https://www.england.nhs.uk/personalisedcare/social-prescribing/green-social-prescribing/#:~:text=Green%20social%20prescribing%20is%20the,their%20mental%20and%20physical%20health) in the UK, Bees and Refugees offers an opportunity for refugees to participate in nature-based interventions for improving social and mental health. This 1-hour interactive workshop will provide additional context about beekeeping as a sustainable practice and therapeutic activity for refugees and will stimulate discussions around the intersections of refugees, climate, and health. Participants will also have the opportunity to engage in hands-on candle-making and honey tasting from the local native black bee communities that are nurtured by this organization.