**BIOPSYCHOSOCIAL HEALTH IN CONTEXT**

**APS 81ST ANNUAL SCIENTIFIC MEETING | MARCH 20-23, 2024 | BRIGHTON, UK**

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**TUESDAY, MARCH 19**

7:00 pm - 9:00 pm  
**Distinguished Scientist Award**

5:45 pm - 6:30 pm  
**CITATION POSTER RECEPTION**

**WEDNESDAY, MARCH 20**

8:00 am - 12:00 pm  
**NEW MEMBER/FIRST TIME ATTENDEE BREAKFAST**

**THURSDAY, MARCH 21**

8:00 am - 9:00 am  
**NEW MEMBER/FIRST TIME ATTENDEE BREAKFAST**

10:15 am - 11:15 am  
**CONCURRENT SESSIONS**

9:00 am - 10:00 am  
**PLENARY SESSION**

4:30 pm - 4:45 pm  
**TRANSITION**

4:45 pm - 6:30 pm  
**PLENARY SESSION**

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Visit psychosomatic.org for more information and updates to this program | 1
FRIDAY, MARCH 22

8:15 am - 10:15 am
PLENARY SESSION

Award Lecture: Patricia R. Barchas
Award in Sociophysiology

Presidential Address
Pete Gianaros

10:15 am - 10:30 am
BREAK

10:30 am - 11:30 am
PLENARY SESSION
Margarita Triguero-Mas, MPH, PhD
Introduction: Kristi White
Symposium 13
Exploring the Impact of Positive Psychosocial Factors in Diverse Populations: Who Benefits and How?

3:00 pm - 3:15 pm
TRANSITION

3:15 pm - 4:15 pm
CONCURRENT SESSIONS

Invited Symposium
Climate Change & Health

Paper 2
Psychosocial Factors & Cancer

Paper 17
Facilitative Factors & Weight Management

Paper 18
Health Disparities

Late Breaking 3
Biopsychosocial Factors and Health

4:15 pm - 5:45 pm
POSTER SESSION #2

5:45 pm - 7:15 pm
EMERGING LEADERS SOCIAL HOUR
Open to all students and trainees

MID-SENIOR MENTOR-MENTEE EVENT

SATURDAY, MARCH 23

7:00 am - 8:00 am
WELLNESS ACTIVITY
Dive into Tranquility: Beachside Mindfulness
Walk & Meditation Workshop

8:45 am - 9:45 am
APS MEMBERS MEETING

9:45 am - 10:00 am
BREAK

10:00 am - 11:30 am
AWARD PRESENTATIONS
Herbert Weiner Early Career Award/
Paul D. MacLean Neuroscience Award

11:30 am - 11:45 am
BREAK

11:45 am - 12:45 pm
AWARD PRESENTATION
Martica Hall Award in Sleep Medicine

12:45 pm - 2:00 pm
LUNCH & NETWORKING

PSYCHOSOMATIC MEDICINE
Associate Editors Meeting

ROUNDTABLE
Discussion with MacLean Awardee

SIG
Climate Change

ROUNDTABLE
Dyadactic Health Research

ROUNDTABLE
Awards Committee
Early Career Research

2:00 pm - 3:00 pm
CONCURRENT SESSIONS

Special Paper Session
Psychosomatic Medicine Special Issue in Stress, Sleep, & Health

Paper 24
Treating & Addressing Psychological Distress

Symposium 12
Pain, Stress, and War: Situating Autonomic and Interceptive Interventions in Biopsychosocial Health Contexts

Symposium 8
The Social Nature of Physiology: Lessons from Diverse Dyads across the Adult Lifespan

3:00 pm - 3:15 pm
TRANSITION

3:15 pm - 4:15 pm
CONCURRENT SESSIONS

Symposium 4
Using Community-Oriented and Strength-Based Approaches to Address the Opioid, Pain, and Suicide Crises Among American Indian and Alaska Native People

Paper 4
Early Life Experiences

Paper Session 25
Adversity & Health

Symposium 6
The Future of Psychosomatic Medicine: How Could our Field Become Fully Integrated into the Routine Practice of Medicine? A joint APS, EAPM and ICPM symposium

Symposium 14
Hypertension and Autonomic Reactivity to Stress: Measuring and Managing Risk

4:15 pm - 5:45 pm
POSTER SESSION 3

6:00 pm - 7:00 pm
RECEPTION:
Council/Committee Chair/SIG Chair/Program Committee/Task Force Leaders

7:00 pm - 11:00 pm
CLOSING BANQUET