



BIOPSYCHOSOCIAL HEALTH IN CONTEXT

APS 81ST ANNUAL SCIENTIFIC MEETING | MARCH 20-23, 2024 | BRIGHTON, UK

TUESDAY, MARCH 19

#aps2024uk

7:00 pm - 9:00 pm
YOUNG INVESTIGATOR COLLOQUIUM/
I2EYE & MD SCHOLARS RECEPTION

Distinguished Scientist Award
5:45 pm - 6:30 pm

10:15 am - 11:15 am
CONCURRENT SESSIONS

Invited Symposium
Neurodiversity

Paper 21 (Trainee Spotlight)
Caregiver Health

Paper 3
Healthy Impacts of COVID

Paper 11
PTSD Symptoms & Health

Paper 15
Mind-Body Interventions & Biopsychosocial
Health

11:15 am - 11:30 am
TRANSITION

11:30 am - 12:30 pm
CONCURRENT SESSIONS

Symposium 3
Equity and Antiracism: A Panel on Bridging
Theory to Practice Across Academia and
Healthcare

Late Breaking 1
Negative Life Experiences and Health

Paper 19
Biological and Psychological Mediators

WEDNESDAY, MARCH 20

8:00 am - 12:00 pm
I2EYE SCHOLARS WORKSHOP

6:30 pm - 8:00 pm
CITATION POSTER RECEPTION

8:00 pm - 9:00 pm
FAPS RECEPTION

8:00 am - 12:00 pm
YOUNG INVESTIGATOR COLLOQUIUM
& MD SCHOLARS

12:00 pm - 1:00 pm
BREAK

1:00 pm - 4:30 pm
HALF DAY WORKSHOP
DEI in Mentorship

4:30 pm - 4:45 pm
TRANSITION

4:45 pm - 6:30 pm
PLENARY SESSION

Welcome, Conference Highlights; Awards
Recognition; APS Fellows; Psychosomatic
Medicine Reviewer Award
4:45 pm - 5:40 pm

THURSDAY, MARCH 21

8:00 am - 9:00 am
NEW MEMBER/FIRST TIME ATTENDEE
BREAKFAST

WORKSHOP
Bees and Refugees

WORKSHOP
The Value of Longitudinal Aging Studies
in Biobehavioral Research

9:00 am - 10:00 am
PLENARY SESSION
Bridget Goosby, Ph.D.

10:00 am - 10:15 am
BREAK

Paper 7
Positive Factors in Aging Populations

Paper 6
Personality Factors & Health

12:30 pm - 1:45 pm
LUNCH & NETWORKING

SIG
Digital and Telemental Health

ROUNDTABLE
Disease a Year/Asthma

ROUNDTABLE
Collaboration with Other Societies

ROUNDTABLE
Neurodivergence & Biopsychosocial Health

ROUNDTABLE
Get to know the NIH

1:45 pm - 2:45 pm
CONCURRENT SESSIONS

Invited Symposium
MENA Refugee Health

Paper 23
Biological Measurement Considerations

Paper 8
Positive Factors & Well-Being

Paper 1
Cancer and Improved Quality of Life

Paper 16
Connections Between Past & Future Health

2:45 pm - 3:00 pm
TRANSITION

3:00 pm - 4:00 pm
CONCURRENT SESSIONS

Symposium 1
Biological, Psychosocial, and Contextual
Factors Influencing the Link between
Discrimination and Well-Being Across
Adulthood

Symposium 5
Methodological and Measurement
Considerations and Innovations in Aging
Biomarkers

Symposium 7
Getting the Right Treatments to the Right
Patients at the Right Time: Biopsychosocial
Approaches to Postsurgical Pain Management
Across the Lifespan

Paper 20
Social Processes

Paper 5
Biological, Psychological, Social, &
Environmental Factors in Gastrointestinal
Health

4:00 pm - 4:15 pm
REFRESHMENT BREAK

4:15 pm - 5:30 pm
POSTER SESSION 1

5:30 pm - 6:30 pm
MENTOR/MENTEE EVENT

FRIDAY, MARCH 22

8:15 am - 10:15 am
PLENARY SESSION

Award Lecture: Patricia R. Barchas
Award in Sociophysiology

Presidential Address
Pete Gianaros

10:15 am - 10:30 am
BREAK

10:30 am - 11:30 am
PLENARY SESSION
Margarita Triguero-Mas, MPH, PhD
Introduction: Kristi White

11:45 am - 12:45 pm
CONCURRENT SESSIONS

Paper 14
Environmental Influences on Health

Paper 10
Sleep & Health

Paper 13
Racialized Stress & Biopsychosocial Health

Symposium 10
Experimental Investigations of Low-Cost
Interventions to Enhance Coping: Impact on
Psychological and Biological Responses to
Stress

Symposium 2
The body as context: Interoception in health
and disease

12:45 pm - 2:00 pm
LUNCH BREAK

PAST LEADERS LUNCHEON

SIG
Early Career Network

SIG
Psychosocial Wellbeing

SIG
Affect Science

2:00 pm - 3:00 pm
CONCURRENT SESSIONS

Paper 9
Sleep, Cognition, & Psychological Processes

Symposium 9
Childhood Contextual Antecedents of Adult
Cardiometabolic Health: Preliminary Findings
from a Prospective Study of Men Born into
Low-Income Circumstances

Paper 22 (Trainee Spotlight)
Psychoneuroimmunology

Paper 12
Trauma Exposure & Health

Symposium 13

Exploring the Impact of Positive Psychosocial Factors in Diverse Populations: Who Benefits and How?

3:00 pm - 3:15 pm

TRANSITION

3:15 pm - 4:15 pm

CONCURRENT SESSIONS

Invited Symposium

Climate Change & Health

Paper 2

Psychosocial Factors & Cancer

Paper 17

Facilitative Factors & Weight Management

Paper 18

Health Disparities

Late Breaking 3

Biopsychosocial Factors and Health

4:15 pm - 5:45 pm

POSTER SESSION #2

5:45 pm - 7:15 pm

EMERGING LEADERS SOCIAL HOUR

MID-SENIOR MENTOR-MENTEE EVENT

SATURDAY, MARCH 23

7:00 am - 8:00 am

WELLNESS ACTIVITY

Dive into Tranquility: Beachside Mindfulness Walk & Meditation Workshop

8:45 am - 9:45 am

APS MEMBERS MEETING

9:45 am - 10:00 am

BREAK

10:00 am - 11:30 am

AWARD PRESENTATIONS

**Herbert Weiner Early Career Award/
Paul D. MacLean Neuroscience Award**

11:30 am - 11:45 am

BREAK

11:45 am - 12:45 pm

AWARD PRESENTATION

Martica Hall Award in Sleep Medicine

12:45 pm - 2:00 pm

LUNCH & NETWORKING

PSYCHOSOMATIC MEDICINE

Associate Editors Meeting

ROUNDTABLE

Discussion with MacLean Awardee

SIG

Climate Change

ROUNDTABLE

Dyadic Health Research

ROUNDTABLE

Awards Committee

Early Career Research

2:00 pm - 3:00 pm

CONCURRENT SESSIONS

Special Paper Session

**Psychosomatic Medicine Special Issue in
Stress, Sleep, & Health**

Paper 24

**Treating & Addressing
Psychological Distress**

Symposium 12

**Pain, Stress, and War: Situating Autonomic
and Interoceptive Interventions in
Biopsychosocial Health Contexts**

Symposium 8

**The Social Nature of Physiology: Lessons from
Diverse Dyads across the Adult Lifespan**

Symposium 11

**Understanding the social determinants of
mental and physical health: from structural
inequalities to discrimination**

3:00 pm - 3:15 pm

TRANSITION

3:15 pm - 4:15 pm

CONCURRENT SESSIONS

Symposium 4

**Using Community-Oriented and Strength-
Based Approaches to Address the Opioid,
Pain, and Suicide Crises Among American
Indian and Alaska Native People**

Paper 4

Early Life Experiences

Paper Session 25

Adversity & Health

Symposium 6

**The Future of Psychosomatic Medicine: How
Could our Field Become Fully Integrated into
the Routine Practice of Medicine? A joint APS,
EAPM and ICPM symposium**

Symposium 14

**Hypertension and Autonomic Reactivity to
Stress: Measuring and Managing Risk**

4:15 pm - 5:45 pm

POSTER SESSION 3

6:00 pm - 7:00 pm

RECEPTION:

**Council/Committee Chair/
SIG Chair/Program Committee/Task Force
Leaders**

7:00 pm - 11:00 pm

CLOSING BANQUET

